



Homestead Baking Company

74 - Knot Roll (Seeded)

Nutrition Facts

Serving Size 2.0 oz (56g), 1 Roll

Serving Per Container 12

Amount Per Serving

Calories	141 kcal	
Calories From Fat	16 kcal	
Total Fat	2 g	3 %
Saturated Fat	0 g	
Trans Fat	0 g	
Cholesterol	0 mg	
Sodium	350 mg	15 %
Total Carbohydrate	27 g	9 %
Dietary Fiber	1 g	4 %
Sugars	3 g	
Protein	5 g	9.3 %
Vitamin A		
Vitamin C		
Calcium		2.2 %
Iron		3.4 %

Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

Ingredients: Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Soybean Oil, Yeast, Contains 2% or Less of the Following: Wheat Gluten, Salt, Soy Lecithin, Calcium Propionate (Preservative), Turmeric, Paprika, Ascorbic Acid, Egg, Enzymes, Sesame Seeds When Used.

Allergen Statement: Contains soy, wheat and egg.

This product was manufactured in a facility that processes eggs, soy, wheat, wheat gluten and other grains and seeds. Products may contain trace amount of these items.